

Lori Poliski of Flori, LLC demonstrates how to make a spring floral centerpiece using some garden flowers and foliage with purchased flowers. She was working on a presentation for the Seattle Garden Club for March 19 and it was canceled due to the Covid-19 pandemic. So with flowers purchased already and garden cuttings, she decided to try her hand at her first video using her iPhone. Many thanks to her niece Kathleen Poliski for her wonderful editing skills to make this more cohesive and for creating the YouTube banner. All flowers are PNW or American Grown. No floral foam is used. The vase is a compote vase from Oh Flora Studio in Australia...the vases are sustainably made in Sri Lanka. The color palette was determined by the blush butterfly ranunculus. Photo credits: Kim Taylor Co. for photos in banner and Missy Palacol Photography for the headshot.

Basics of flower arranging:

1. Use fresh tepid water
2. Cut stems on an angle
3. No foliage below the waterline.
4. Condition your flowers before you begin by cleaning most of the foliage from the stems, giving a fresh cut and letting them drink for a minimum of 6 hours but best is 24.
5. Use different shapes and textures for an interesting arrangement. Some high, some low. At different angles. Hide your mechanics with greenery - either a chicken wire ball, tape grid or coiled willow stems.
6. Enjoy

Flower Recipe:

Purchased from Northwest Wholesale in Seattle:

Garden roses Vuvuzela.  
Coral Charm Peonies  
Viburnum  
Butterfly Ranunculus  
Ranunculus  
Larkspur

From Flori's Garden:

Camellia  
Japanese Ilex  
Germander  
Deciduous Huck  
Evergreen Huckleberry  
Flowering Currant  
Helleborus Orientalis  
Helleborus Foetidus  
Hyacinth

Thank you for watching! If you have any questions, please contact Lori. [lori@flori.flowers](mailto:lori@flori.flowers) and follow Flori on Instagram [flori.flowers](https://www.instagram.com/flori.flowers) and on Facebook [FlowersbyFlori](https://www.facebook.com/FlowersbyFlori)