



Seattle Garden Club

All The Buzz

November, 2021

www.seattlegardenclub.org

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I've been inspired by a new park discovered during my recent trip to New York City! The Park is "Little Island", and I highly recommend taking the time to explore it when you're in the City. Little Island is the result of repurposing an old pier in the Hudson River, a site steeped in history (I don't want to reveal too much but it involves the Titanic). With creative engineering and incredible landscape design and plantings, the resulting topography invites the visitor to discover wonderful views of the surrounding city and river.

This inspiration of transforming old to new brings to mind our commitment as a Club to look toward the future while stewarding our history. Two efforts are currently underway and will be ready to share with members for discussion in the new year. Our new Ad-Hoc Committee on Building Diversity co-chaired by Dabney Rohrbach and Jenny Wyatt, and a thorough review of our Bylaws (and corresponding policies), led by Carlyn Steiner in collaboration with the Policy and Planning Committee.

Our November General meeting will be on Zoom only and will feature Jennifer Ackerman with her fascinating program on birds. Jennifer will join us from Brazil where she will be fresh from the field with her recent research. Did I mention birds are also one of the attractions at Little Island? The trees and plantings provide terrific in-city habitat for our feathered friends!

I hope you have reserved December 1 and 2 for our holiday auction and luncheon! The auction will be the evening of the 1st on the Greater Giving platform, and we return to the Sunset Club on the 2nd for our "Holiday Stars" themed luncheon. A new Sunset Club policy requires proof of vaccination or a negative Covid test as you enter, and masks must be worn when not eating or drinking. Please join us to enjoy a delicious lunch while admiring our member designed centerpieces but do plan ahead and come prepared!

I continue to welcome your comments and questions regarding any aspect of SGC. And I'll be happy to share my pictures of Little Island if I've whetted your appetite for more information!

Barbara

Newsletter editor:

Stacey Campbell

Programs, E-news & Opportunities

Be sure to check the online master calendar for the latest information.

[Click here for the SGC Calender](#)



PLEASE SIGN-UP for SGC MEETINGS via [SIGN-UP-GENIUS \(SUG\)](#)

By using Sign-Up-Genius (SUG) as you rsvp for all SGC meetings you'll help us stay organized and it will help YOU with reminders and give you all the information you will need to join our zoom calls.

If we all learn to take a few minutes to learn the habit of using Sign-Up-Genius for all our meetings, our systems will run more smoothly, we'll have more time to learn from one another and have fun!

GCA Online

GCA is providing access to conferences and study groups to all members. Go to the GCA website to access these talks.

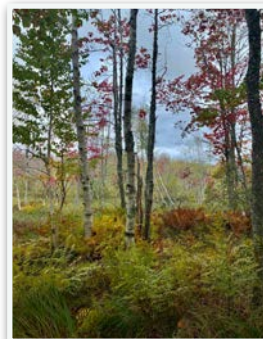
[GCA Homepage](#)



Have any articles or photos that would interest all of GCA?

If so, please send ideas first to, Margaret Williams, Zone XII Bulletin Rep. -

mawilliams712@gmail.com



Membership News

Proposals for Candidates for Membership are DUE on December 15th!

The Membership Proposal Form is available now through the SGC website or through the Membership Chair, Marianne Mowat, at email below. Please contact the Membership Chair to advise her of any possible application in the works to avoid duplication of a candidate. Remember to bring potential candidates to the open meetings this Fall and to the Holiday Luncheon in December. It is important that any candidates meet members, Board Members and Membership Committee members whenever possible. Important to note:

1. The Board voted to approve the amendment to our membership policies to allow a SGC member to both propose one member AND second an additional member. This is great news!
2. Any application for a candidate needs one proposer, one seconder and FOUR friends. In addition, each candidate must be personally known by at least one member of the Governing Board and/or Membership Committee. Please see list of Membership Committee members below.
3. Details of the proposal for Provisional Membership can be found under "Membership Policies" on pages P8-9 of our Green Book.

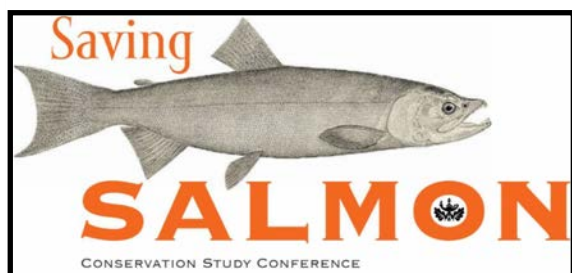
Completed applications emailed or postmarked NO LATER than December 15th by midnight. Remember, the application process is CONFIDENTIAL so please do not discuss with a potential candidate.

Please send applications to the Membership Chair, Marianne Mowat (425-443-6060 cell) at 8120 Overlake Dr W, Medina, WA 98039 or to mgmmowat@gmail.com. Questions? Please contact Marianne Mowat or any other member of the Membership Committee (Debby Smith, Edie Teneson, Roxanne Wiley, Catherine Mueller, Kathy Lea and Stacey Campbell).

THANK YOU for your help in growing our fabulous club!

Please Join In

**REGISTER TODAY for the GCA
Conservation Study Conference**



Wed, Nov 17, 2021 at 11:00 AM - Wed,
Nov 17, 2021 at 06:00 PM ET
The last day to register is Sun, Nov 14,
2021
Virtual
[https://www.gcamerica.org/
members:calendar/ereventdetails/id/375](https://www.gcamerica.org/members/calendar/ereventdetails/id/375)

Horticulture Report

Carolyn Whittlesey, our rose aficionado, is the featured speaker for this the second of seven Provisional talks. Join us **in-person at CUH** or via [Zoom, Monday, November 1, 2021](#), as she teaches us about the "United States' Gift to Healing Using Native Medicinal Plants – The Southeast". Carolyn has a little memento to give to those able to attend in person and will happily take your questions at the conclusion of her presentation. Remember to bring your own refreshments and come for the social time from 9:15 -10:00 to get the best parking place. Program begins as always at 10:00.

Carey Davis gives us a very timely demonstration of "How to Force Bulbs for the Holidays". Great for all those do-it-yourself gift givers out there. Beat the rush and buy your bulbs now!

Suzy Titcomb will continue her review of Conservation's "[Outside Your Door](#)", including new website: outsideyourdoor.org, (password is outside) and suggest fun family friendly activities.

Eliza Davidson continues to bring life to the legacy of F. L. Olmsted with her second mini-talk on precursors, precedents and peers for Seattle's Olmsted park system.

Come prepared to share your ideas with a member of the Program committee as they request speaker suggestions for the 2022 – 2023 year.

Hort Share continues at CUH. We love to see what is blooming in your garden. Take a snip, bring your own vase, and share your treasure. Please remember to include common and Latin names.

Please RSVP using the [Sign Up Genius link here](#).

We will offer a hybrid meeting option for those unable to attend in person. Those who Zoom will submit your questions in the Chat and Barbara Feasey has generously offered to continue as moderator. To join the Hort meeting go to the [Zoom link here](#).

Holiday Auction

HOLIDAY ONLINE AUCTION

SAVE THE DATE

DECEMBER 1st

5:00-7:00pm

The holidays are just around the corner and the Ways and Means Committee is busy planning for our second festive and exciting online auction. Mark to your calendars for December 1st from 5:00-7:00pm.

The online auction will be the same format as last year and we will provide all the necessary information to ensure a smooth and fun online auction experience. And just like last year there will also be opportunities to make an Angel Donation during the online auction or by mail.

Please remember to register for the online auction [here](#) and submit your procurement forms [here](#).

A preview of some of the exciting items that will be offered

- *2 club seats for a Seattle Kraken game
- *A tour with Dan Hinkley of Heronswood and lunch after at Barbie Snapp's Hansville home
- *Tour of Seattle's Olmstead Parks and picnic lunch
- *Tour of Photographer Robin Layton's home and studio with presentation
- *Photo organizing Service

Below are a few auction items we are still looking for

- *Wreaths- we are hopeful for a few more wreaths
- *Several bottles of collectible wine
- *Glassybaby Drinkers/Rockers
- *Specialty Indoor Plants (orchid, small lemon tree...)
- *Specialty Bulbs

Feel free to contact Cindy (cynthia@oneartglobal.com) or Tori (ctragen@comcast.net) directly with any donations or suggestions you may have.

Guests are welcome to join the online auction. We will be sending out an email invitation that you can forward to your friends. We can't wait to share more with you soon!

Cindy Bostwick and Tori Ragen

Ways and Means Co-chairs

Conservation

What can I do to make a difference in our ever changing world? We have all asked ourselves this question more than once. Here are just a few ways YOU can make a difference:

Go to **OUTSIDE YOUR DOOR** website :<https://www.outsideyourdoor.org/> Password:outside.
Make a commitment to exploring one of the activities with a young person in your life. Everybody wins. You interact with a young one and potentially inspire compassion and interest in the outdoors. Our youth are the next generation of environmentalist. We want them to care.

Become more aware about **Climate Change**. Watch a 10 minute video by Katharine Hayhoe on the GCA website on Climate Change <https://www.gcamerica.org/members/videos/details/id/336> and/or watch her Tedtalk.

Take the Healthy Yard Pledge:

"I pledge to take care of my yard without synthetic pesticides, weed killers and fertilizers except on rare occasions to resolve an infestation or to improve habitat for native plants and wildlife. I also pledge not to throw pharmaceuticals or chemicals down my drains or toilets." Sign it on the GCA website <https://docs.google.com/forms/d/e/1FAIpQLSf9fdGo2ZS9Zhbx1gQ7R5oq8WK2-E656T6F7OZOEV8UKg543Q/viewform>

What can You do about **PLASTICS**?

Results from a [new study](#) found that the average person ingests five grams of plastic every week—that's about the size of a credit card. According to Dr. Mark Hyman (an American physician and [New York Times](#) bestselling author):

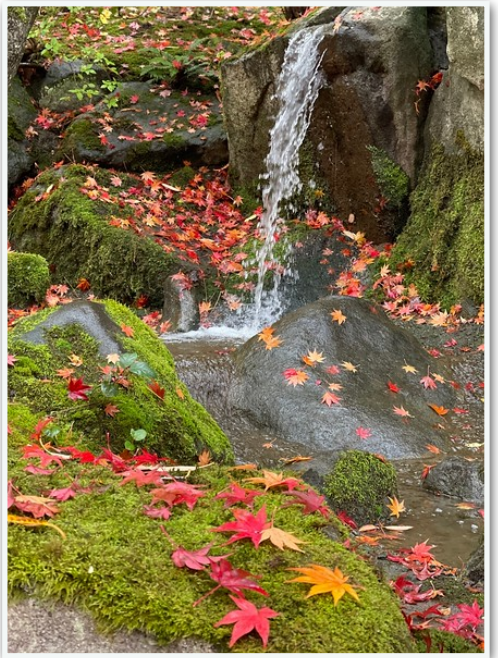
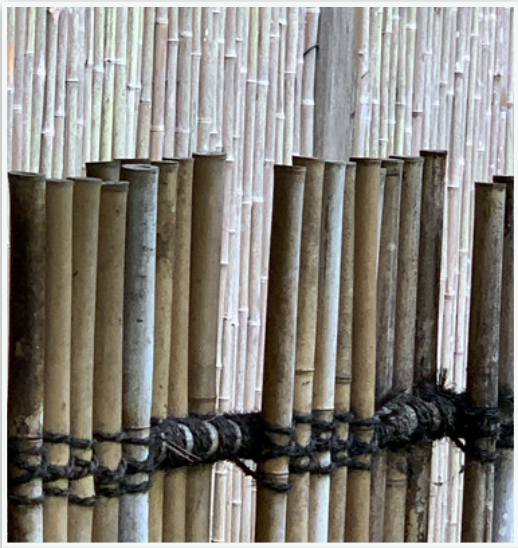
Bisphenol-A (BPA), a well-known plasticizer, is a hormone disruptor that's been linked to infertility, developmental abnormalities, thyroid disorders, obesity, and type 2 diabetes. He suggests:

- This switch will save you from ingesting an extra 126,000 microplastic particles a year.
- Sources of BPA packaging include canned foods like soup, vegetables, beer, and soda. BPA-free isn't much better either. BPS and BPF are often used to replace BPA and have the same adverse effects.
- Hot or frozen conditions can cause plastic to leach toxins into foods or beverages quicker than normal. To-Go containers are a big culprit, so try to discard plastic coffee lids or refill your coffee directly into a ceramic mug, move take-out food to a ceramic or glass dish quickly, and switch out any home plastic storage containers with glass (or avoid microwaving or freezing at the very least).

What are YOU going to do TODAY to make a difference?

Member Candida





Greenbook Corrections

Mary Jo Bench -
Correct Address is 1620
43rd Ave. E. #3B, Seattle
98112

Vicki Neumann -
Correct Address is 10374
N.E. Country Club Rd.,
Bainbridge Island, 98110
Home Telephone should be
deleted

Lanny Anderson (Non-
Resident) -
Correct State Abbreviation
is ME

Garden Giggles

What do you get if you divide the circumference
of a pumpkin by its diameter?

Pumpkin pi.

From the Kitchen

From plattertalk.com

Winter Garden Vegetable Soup



Ingredients



- ☐ ¼ cup olive oil
- ☐ 8 oz mushrooms halved and sliced
- ☐ 2 medium carrots finely diced
- ☐ 2 ribs celery finely diced
- ☐ 1 large onion finely diced
- ☐ 1 tablespoon kosher salt
- ☐ 2 cups fresh cherry tomatoes
- ☐ 2 teaspoons fresh sage leaves chopped
- ☐ 1 teaspoon fresh rosemary leaves chopped
- ☐ 4 cloves garlic minced
- ☐ 2 quarts reduced-sodium chicken broth
- ☐ 3 tablespoons low-sodium soy sauce
- ☐ One or two Parmesan rinds
- ☐ 7 oz butternut squash cubed
- ☐ 5 oz curly kale chopped
- ☐ 15 oz One 15 cans great Northern beans un-drained
- ☐ 2 tablespoons red wine vinegar
- ☐ Shaved Parmesan for serving

Instructions

1. Place 2 tablespoons olive oil into stockpot over high heat until the oil shimmers. Add the mushrooms and sauté until browned, about 5 minutes. Remove the mushrooms and set aside.
2. Decrease the heat to low, add the remaining 2 T olive oil and the carrots, celery, onions, and salt. Cook, stirring occasionally, until softened.
3. Add the tomatoes, sage, rosemary, and garlic, and cook 5 minutes.
4. Add the broth, soy sauce and Parmesan rind; bring to a boil, about 15 minutes.
5. Decrease the heat to low, add the squash and kale, cover and cook until tender, 30 to 35 minutes.
6. Add the beans, mushrooms and red wine vinegar and cook until heated through, about 15 minutes. Serve with Parmesan cheese.