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From the Kitchen

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A lovely flower arrangement in our hotel room where we've been on vacation for the last week features anthuriums, orchids and 4 types of manipulated leaves. With those clues, I'm sure you can easily guess which state we're visiting!

Skillfully arranged in a weathered wood container, the leaves in this design play a starring role and generate enthusiastic anticipation for our February 7 Zoom Hort meeting featuring, fortuitously, leaf manipulation. As a GCA Floral Design Judge, the inevitable

outcome of years of training leads me to deconstruct arrangements as I study them, looking for clever tips and inspiration. This trip to Hawaii has provided another of those fun opportunities.

On the subject of upcoming meetings, please plan to participate in our annual business meeting February 17. Currently planned to be hybrid, we'll have important votes on proposed Community Projects and the next GCA Founders Fund Award. Led by President-elect Peggy-Paige Most and her terrific Policy & Planning Committee, the meeting will feature an overview of our Seattle Foundation endowments from Treasurer Sandy Hanower along with discussion groups led by Dabney Rohrbach and Jenny Wyatt, Co-chairs of our Ad-hoc Committee on Building Diversity.

Leading up to this discussion, the Board approved the following statement of support:

The Board of Directors of the Seattle Garden Club embraces and supports the following 2021-22 goals of the Ad-Hoc Committee on Building Diversity: 1) to have the Board endorse building diversity as a priority; 2) to create a purpose statement to be approved by the membership; and 3) to have each Committee commit to exploring ways to incorporate the concept of diversity into their activities.

Before I leave the topic of meetings, one of the many benefits of membership in GCA is access to national conferences and training sessions. Please visit the GCA website to learn about and register for the National Affairs and Legislative Conference, March 1-2 and the Photography Conference, March 31. Both conferences will be virtual and open to all members. Cindy Bostwick will represent SGC as our official delegate to NAL and I also plan to participate. I hope you will join us.

Barbara 1

Programs, E-news & Opportunities

Be sure to check the online master calendar for the latest information.

Click here for the SGC Calender

PLEASE SIGN-UP for SGC MEETINGS via SIGN-UP-GENIUS (select <u>here</u>) Next up - Feb 7th, Floral Design Hosts: "Leaf Manipulation" using Sign-Up-Genius (SUG) as you rsvp for all SGC meetings you'll help us stay organized and it will help YOU with reminders and give you all the information you will need to join our zoom calls.



SAVE THE DATE for the 2022

SGC Annual Business Meeting

PRESENTED BY

The Policy and Planning Committee

FEATURING

The GCA Founder's Fund Presentation The Financial State of the Club and Endowments The Community Projects Presentation, Q&A, and vote Round Table Discussion presented by the Diversity Committee SGC-GCA Fun Facts contest with prizes from Miller Garden (must be present to win!)

Festive Spring decor by Debby and BJ

February 17th, 2022
9:30 social
10:00 meeting at CUH
with a Zoom option

Ways & Means

Horticulture

The Ways and Means Committee would like to, again, thank you all for your generosity in supporting the 2021 Auction. We are grateful and appreciative.

We have a few spaces available for a few of our experiences. Please contact either Tori or Cindy if you would like to sign up or have any questions.

April 6th Olmstead Park Tour and picnic lunch \$50

May 24th Picture Perfect Plant Portraits Photo Workshop \$100

June 22nd Summer Soiree in the Highlands, Board Cocktail Party \$75

Cindy and Tori
Ways and Means co-chairs
cynthia@oneartglobal.com

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Please join us virtually for the February 7th Hort meeting hosted by our uber talented Floral Design committee. We will be treated to a presentation on LEAF MANIPULATION which will reveal some of the mysteries of how one creates more interest and adds dimension to floral designs. Our quest presenters, Jan Linkenbach and Judy Harrold (Floral Design judges from the Carmel-by-the-Sea Garden Club) are masters at these techniques and we are most fortunate to have them share their amazing talents with us. Look for an eblast with a list of suggested leaves you may want to have on hand to try making your own leaf creation. We hope to include a surprise presentation featuring additional Floral Design techniques. Join us in expanding your mind, vision and knowledge of Floral Design!

9:45 am Social, 10 – 11:30 am Program. Pour yourself a second cup of coffee and spend your morning with us. As always you will submit your questions in the Chat to our fearless moderator, Barbara Feasey.

To join the Hort meeting go to the **Zoom** link here.

Please RSVP using the <u>Sign Up Genius</u> <u>link here.</u>

Conservation

Outsideyourdoor.org (Password -outside) has many activities to share with young families to get outside and appreciate our environment.

January was **plastic free** month for the Conservation committee. We have many <u>online tips and ideas (select here)</u> as well as sharing within the committee.



Source: California Air Resources Board



MORE POLLUTING THAN CARS

Gas-powered leaf blowers use two-cycle and four-cycle gasoline engines which produce hundreds of times more hazardous pollutants and fine particulates than automobiles.

EXTREME NOISE

Gas-powered leaf blowers create high intensity, low frequency noise that impacts nearby homes, schools and parks, disturbs wildlife, and consistently violates noise ordinances. Operating a gas leaf blower can cause permanent hearing loss in 2 hours and can impact 90 nearby homes. The low frequency noise of gas blowers travels further than the noise from electric blowers and penetrates through windows more readily. Gas blowers create much more noise impact than electric blowers.

HEALTH RISKS

Gas leaf blowers create high levels of formaldehyde, benzine, fine particulate matter and smog forming chemicals which are known to cause dizziness, headaches, asthma attacks, heart and lung disease, cancer and dementia. Burning fossil fuels in leaf blowers and other lawn equipment produces greenhouse gas emissions which in turn contribute to global warming and the climate crisis. Blowers can create clouds of industrial pollutants, pollens, fertilizers, herbicides and pesticides, dried animal feces, dust and demolition debris such as lead and asbestos – polluting the air we breathe.

ENVIRONMENTAL HAZARDS

Maintenance of gas-powered leaf blowers produces toxic waste like fuel filters and contaminated air filters. Blowers erode, compact and dry out soil and harm plants, microorganisms and pollinators. In addition to smog-forming emissions and toxic fumes, gas powered leaf blowers create CO2 emissions that contribute to the climate crisis.

MOST AT RISK

Operators of the equipment are most at risk, but the exhaust and dust endanger the general population – especially children, the elderly, people with chronic asthma and people exercising.

Photography

- •There are still openings in the photography Auction workshop scheduled for May 24th with David Perry. Additional funds raised from the \$100 registration fee will become part of the Auction funds for this past year. Contact Tori Ragen to add yourself to the workshop.
- •All are welcome to join the Photography Committee February outings on February 10th and/or February 18th. On both or either dates, participants are welcome to meet at 10am at the Graham Visitor Center parking. We will focus on the Winter Garden, which should be in great form at that time of year.
- The GCA's fall Focus photo contest was completed and voting closed on December 1st. Results were sent on January 3rd in the GCA eNews which you received via email. SGC members Charlee Reed and Jolie Roze were awarded for their entries. Focus magazine was sent by GCA to all inboxes on January 14 - some very worthwhile articles in there!
- There is a great trip to Chicago Botanic Garden planned by the GCA
 Photography Study Group, June 13 16th. The interest list is open with
 registration opening on March 14th. Look for more info on the GCA Photography
 site.
- Mark your calendars for the GCA Photography Conference on Thursday, March 31st. GCA has a terrific line-up of professional photographers who will speak to and inspire all levels of photographers.
- Get inspired! Spend some time reviewing some of David Ulrich's six photography videos available on the GCA photography website - requires logging in to the GCA site after clicking <u>HERE</u>. There are also many other great photography resources available on the site, as well.

Suzette de Turenne, Chair 2020-2022



Have any articles or photos that would interest all of GCA?

If so, please send ideas first to, Margaret Williams, Zone XII Bulletin Rep. - mawilliams712@gmail.com

Member Candids









Select here for more member photos.









Garden Giggles

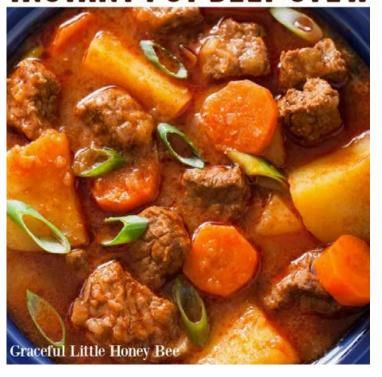
What kind of bean never grows in a garden?
A jelly bean!

What did the flower say to the flower beside him?

Move over bud!

Recipe found at: www.gracefullittlehoneybee.com

QUICK AND HEARTY INSTANT POT BEEF STEW



Ingredients

- 2 tbsp oil
- 1 lb stew meat
- 1 onion diced
- 2 cloves garlic minced (or one tbsp)
- · 3 medium carrots peeled and sliced
- 3 medium sized russet potatoes peeled and diced
- 1 quart tomato juice
- · 2 beef bouillon cubes
- salt & pepper to taste
- garlic & onion powder to taste

Instructions

- 1. Dice onion, garlic, carrots and potatoes.
- Turn on sauté function on Instant Pot. Add oil to pot. Add beef and let meat brown for 1 minute.
- Turn beef over and add onion/garlic.
 Sauté for 1 additional minute. Turn off sauté function.
- Add all other ingredients and hit Stew/Meat (35 minutes) function.
- 5. Let pressure release naturally. Enjoy!